

# 2017 Michigan Level 7 – 10 State Meet Schedule of Events

## SUNDAY

### Session 7: LEVEL 7

Modified Capital Cup

**(Jr. A, Jr. B, Sr. C, Sr. D)**

DOORS OPEN	7:30am
CHECK IN/GENERAL STRETCH	8:00am
TIMED WARM UP	8:30am
INTRODUCTIONS	8:44am
COMPETITION BEGINS	8:50am
AWARDS	11:30am

### Session 8: LEVEL 7

Modified Capital Cup

**(Ch. B, Jr. C, Sr. A, Sr. B)**

CHECK IN/GENERAL STRETCH	12:00pm
TIMED WARM UP	12:30pm
INTRODUCTIONS	12:44pm
COMPETITION BEGINS	12:50pm
AWARDS	3:30pm

### Session 9: LEVEL 7

Modified Capital Cup

**(Ch. A, Ch. C, Ch. D, Jr. D)**

CHECK IN/GENERAL STRETCH	4:00pm
TIMED WARM UP	4:30pm
INTRODUCTIONS	4:44pm
COMPETITION BEGINS	4:50pm
AWARDS	7:30pm