

2017 Michigan Level 7 – 10 State Meet Schedule of Events

SATURDAY

Session 4: LEVEL 8

Modified Capital Cup

(Ch. C, Jr. C, Sr. C)

DOORS OPEN	7:30am
CHECK IN/GENERAL STRETCH	8:00am
TIMED WARM UP	8:30am
INTRODUCTIONS	8:48am
COMPETITION BEGINS	8:55am
AWARDS	11:50am

Session 5: LEVEL 8

Modified Capital Cup

(Ch. A, Ch. B, Sr. A)

CHECK IN/GENERAL STRETCH	12:15pm
TIMED WARM UP	12:45pm
INTRODUCTIONS	12:59pm
COMPETITION BEGINS	1:05pm
AWARDS	3:50pm

Session 6: LEVEL 8

Modified Capital Cup

(Jr. A, Jr. B, Sr. B)

CHECK IN/GENERAL STRETCH	4:15pm
TIMED WARM UP	4:45pm
INTRODUCTIONS	4:59pm
COMPETITION BEGINS	5:05pm
AWARDS	8:00pm